

# VIP PRIVATE GYM & CLARE DAVID PRIVATE CLIENTS TERMS AND AGREEMENTS



## 1. Security and Safety:

- The VIP Private gym is equipped with security features to ensure the safety and security of clients and personnel within the building.
- Please understand that the gym may not always be fully manned, and as such, VIP Gym and its staff do not accept responsibility for any incidents or accidents that may occur.
- It is your responsibility to use the facilities in a proper and safe manner, and to exercise caution while using the gym.

## 2. Personal Responsibility:

- By using the VIP Private gym, you acknowledge that it is your responsibility to ensure your own safety and to use the facilities appropriately.
- VIP Gym provides a safe working environment for your convenience and flexibility of use, you are solely responsible for your own safety and the proper use of the facilities.
- Please adhere to all safety guidelines and instructions provided by the gym staff.

## 3. Competence in Equipment Use:

- As a personal training client or Private Gym user, you will receive comprehensive training and demonstrations on the proper use of all equipment during your 1:1 sessions.
- It is understood that you are deemed competent to use the gym facilities in your own time, and no supervision is required.
- Please exercise caution and use the equipment in accordance with the instructions provided to ensure your safety and the longevity of the equipment.

#### **4. Appointment Cancellation Policy:**

- To ensure efficient scheduling and optimal service delivery, clients are required to provide a minimum of 36 hours' notice for appointment cancellations.
- Failure to provide the required notice will result in the full price of the personal training session being deemed payable.
- Please understand that not receiving sufficient notice prevents me from utilising that time for other clients or allowing for recovery.
- In the event of unforeseen circumstances, I am willing to provide the programme and allow clients to use the VIP private gym to complete the session at their convenience and recover the session already prepared.

#### **5. Trainer's Unavailability:**

- In the event that I am unwell or unavailable, I will always honor the scheduled sessions without any cost or sacrifice to the client. We would schedule sessions at a mutually agreeable time.

#### **6. Flexibility and Swapping Sessions:**

- Some clients are willing to be flexible with their set days and times to ensure sessions can proceed as planned.
- If you would like to swap a session, please provide as much notice as possible, considering the logistics involved.
- Notice of less than 36 hours or on the same day will be deemed payable and taken into account.

#### **7. Personalised Programme:**

- Each client under my care will receive a personalised programme designed specifically for them based on my expertise.
- Clients are welcome to execute their programme in the VIP gym at no additional cost or requirement to book gym time in the event of a scheduled appointment being missed.

- This programme is designed to add value to your fitness journey and can be repeated as needed.

## **8. Notice Period for Client Departure:**

- Clients who intend to leave their current scheduled commitment are required to provide a minimum of 4 weeks' notice.

- This notice period is necessary as there may be a waiting list, and your departure without notice can result in missed opportunities for both new clients and myself. You would be liable for your sessions equivalent to 4 weeks at its current session schedule, should you wish to leave sooner than the agreed terms.

The gym and working professionals are fully qualified and have comprehensive Business and public liability insurance individually and Business site insurance. By agreeing to use the gym, you are agreeing to our up front information on our terms of use, accept the gym may not be always fully manned and the right and proper use of equipment is of personal responsibility only and not the liability of the owner Clare David and the Business VIP Personal Training Ltd. Our insurances are in place for integrity and safety of any of our patrons. We consider your agreement in the highest regard and operate to ensure that you are in good standing and compliant with our terms.

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### **Insurance and Liability Disclaimer:**

The VIP Private Gym and its staff are fully qualified and hold comprehensive Business and Public Liability Insurance, as well as Business Site Insurance. By agreeing to use the gym, to undergo personalised training sessions with Clare David or any qualified Trainer you are acknowledging the gym is not always fully manned and that you are comfortable and knowledgeable about the right and proper use of equipment and it is solely your personal responsibility.

The owner, Clare David, and VIP Personal Training Ltd shall not be held liable for any incidents, accidents, or injuries that may occur during your use of the gym facilities outside of our terms and agreements.

By participating in personal training activities and personal use of the gym by agreement of a private gym membership you are consenting and agreeing with the terms and agreements of our business operations.

We highly value your agreement to abide by our terms and operate with the utmost care to ensure your compliance and well-being.

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Terms & agreements herein of VIP Personal Training Ltd & Clare David Private Clients

Registered UK business.

For further understanding of these terms and agreements please contact Clare David 07561 549488 or email [hello@vipfitnessonline.com](mailto:hello@vipfitnessonline.com)

A handwritten signature in black ink that reads "Clare David". The signature is fluid and cursive, with a long horizontal stroke extending from the end of the word "David".

HEALTH & FITNESS PROFESSIONAL